

SENIORS IN THE
SPOTLIGHT

MESSAGE
FROM THE CEO



2025 FINANCIAL
REPORT

AND MORE!

RSVP

CELEBRATING OVER **50** YEARS & COUNTING

2025
ANNUAL
IMPACT
REPORT

Nevada Rural Counties Retired Senior Volunteer Program

MESSAGE FROM THE PRESIDENT

Dear Volunteers and Friends,

On behalf of the RSVP Board of Directors, thank you for your ongoing support and volunteerism, which resulted in another year of achieving goals and productive programs for the benefit of seniors and people with disabilities in our rural communities. It's because of you, individually and collectively, that RSVP is able to continue to provide services for folks with basic needs that otherwise could easily go unmet.

With gratitude,
Todd Westergard
Board President



MISSION

Provide lifesaving volunteer programs that help seniors and people with disabilities maintain their independence with dignity.

WHAT WE DO

Nevada Rural Counties Retired Senior Volunteer Program (RSVP) provides well-trained volunteers who assist seniors and others in need with lifesaving services.

Our programs include door-to-door escorted transportation, companionship, respite care, no-cost legal assistance, telephone reassurance companions, critical food and medicine delivery, homemaker services, personal emergency response systems, Veterans resources, and more.

STAFF

Molly Walt, CEO

Melissa Connors,
Program Director

Lori Connors,
Program Coordinator

Jonee Minor,
Program Coordinator

Kena Torres, Transportation
Scheduler/Dispatcher

Carrie Butler, Client Intake
Specialist/Transportation

BOARD OF DIRECTORS

Todd Westergard, President
Retired Administrator, State of
Nevada

Caroline Panches, Treasurer
Retired Executive Director,
Northern Nevada Chapter,
American Red Cross

Stacey Giomi, Secretary
Director, Facilities & Emergency
Preparedness,
Nevada Health Centers, Inc.

Garrett Lepire, Board Member
Real Estate Broker/Salesperson

Doug N. Johnson, Board Member
Termed Out – Douglas County
Commissioner

Hope Sullivan, Board Member
Community Development Director,
Carson City

CONTRACTORS

Casey Neilon, Fiscal Team

Sierra IT Consultants,
IT Services

SPONSOR A SENIOR

Help give lifesaving services for Nevada's rural seniors to improve health, quality of life and independence. Together we strengthen the fabric of our community and assist clients to remain in their own homes with dignity for as long as possible.

DONATE TODAY!





MESSAGE FROM THE CEO

As we reflect on 2025, we do so with deep appreciation for the volunteers, staff, board members, community partners, and funders who make the work of Nevada Rural Counties RSVP Program, Inc. possible. This year has been defined by growth, resilience, and a continued commitment to ensuring that seniors and adults with disabilities in rural Nevada remain safe, independent, and connected to their communities.

Across our service areas, the demand for support continued to increase. Transportation remained one of our most critical lifelines. Through door-to-door rides to medical appointments, dialysis, grocery shopping, and essential services, our volunteer and staff drivers reduced isolation and removed barriers to care for thousands of rural residents. In many communities where public transit options are limited or nonexistent, our program continues to serve as the only reliable transportation resource.

Our Homemaker and Respite programs provided essential in-home support that allowed individuals to age in place with dignity. From light housekeeping and meal preparation to caregiver relief, these services do more than

meet practical needs; they preserve independence and stability for families who might otherwise face institutional placement.

The Personal Emergency Response System program continued to provide peace of mind to clients and their loved ones. A simple device placed in a home represents something far greater: security, rapid response, and the confidence to live independently.

Volunteerism remains at the heart of our organization. Our volunteers contributed thousands of hours in service to their neighbors. They drove long rural routes, offered companionship, provided reassurance phone calls, and supported community events. Their generosity of time and spirit is the foundation upon which our mission stands.

In 2025, we also strengthened operational systems, enhanced compliance processes, expanded outreach efforts, and deepened partnerships with county governments, healthcare providers, and community organizations. These efforts ensure not only program growth, but sustainability and accountability.

The needs of rural seniors are not decreasing. Rising costs, workforce shortages, geographic isolation, and increasing demand continue to challenge our communities. Yet, we remain steadfast in our commitment. Through strategic planning, diversified funding, fleet enhancements, and ongoing volunteer recruitment, we

are positioning Nevada Rural Counties RSVP for long-term impact.

TO OUR FUNDERS AND DONORS:

Your investment directly translates into miles driven, homes supported, caregivers relieved, and lives strengthened. To our board and staff: your leadership and professionalism sustain the infrastructure behind every successful outcome. To our volunteers: you are the embodiment of service. As we move into 2026, we do so with clarity of purpose and confidence in our mission. Together, we will continue to ensure that rural Nevadans can age with dignity, safety, and connection.

With heartfelt appreciation,
Molly Walt, M.A.Ed.
Chief Executive Officer

IN 2025...

697

Unduplicated Clients Served

61

New Volunteers

536

New Client Applications

SENIORS IN THE SPOTLIGHT



BEVERLEY HOUSE SPRAGUE

“I have lived alone for 18 years and have been using RSVP for over a year now. I am so glad that I found out about your services and that everyone has been so kind and helpful. I have family that lives in town, so I have access to rides but as far as my safety being in my home alone, I didn’t have anything. RSVP provided me with what they call a PERS unit (personal emergency response unit). Having this makes me feel secure and safe knowing that I have immediate access to help if I were to fall. Without this, no one would know that I have fallen since I do not carry my phone around every time I move around my home. I always make sure to wear my PERS unit and keep it charged. Luckily, I have not fallen since having the unit, but the security and stress relief it provides knowing I have it has been a blessing. My service coordinator makes sure to call me every couple of months to check on me and make sure I am doing okay. She is very kind and I enjoy talking with her. I am thankful for everything that RSVP does for not only me but the community.”

KAREN STUART

“Everyone has been awesome. All of the different drivers have been beyond my expectations. They are all so kind and friendly. They make sure I am safe and on time. For example, one time my driveway was being paved so the driver could not park there. He parked down the street and walked to my door and assisted me to the car and did the same when he dropped me back off. The drivers care about their clients’ safety and are great at their job. I have nothing but good things to say about RSVP.”

CAROL HOWLEY

In May 2025, Carol Howley began attending the Elder Exercise Class with her health and physical activity at what she described as “zero.” At age 78 (now approaching 79), she made the decision to start the class and continues to attend regularly today.

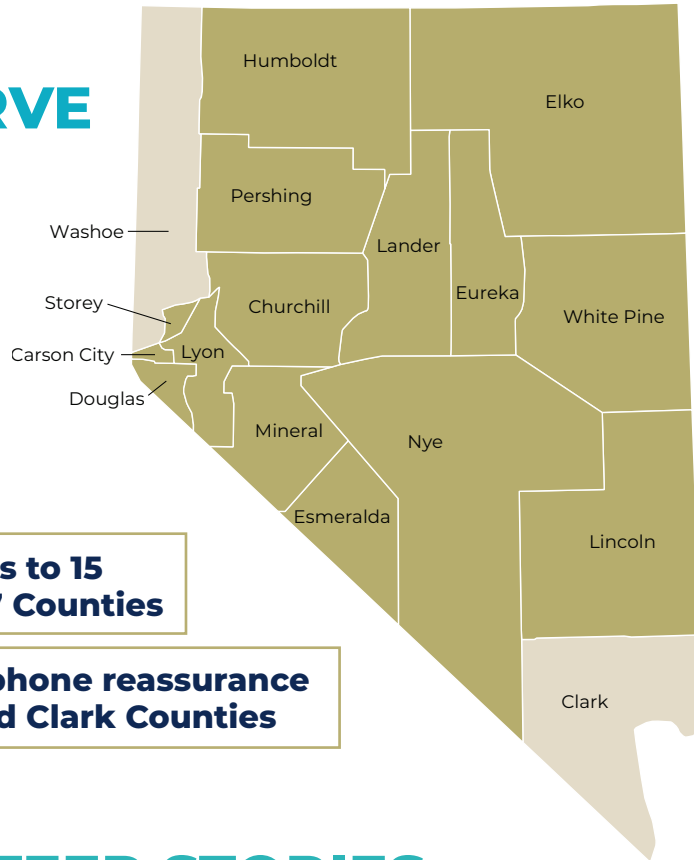
That first step became the foundation for lasting change. Through ongoing participation in the Elder Exercise Class, Carol expanded her activity to include aquatic aerobics and later joined a gym, where she now works with a personal trainer. She exercises seven days per week for approximately one hour per day. Since starting the program, Carol has lost 18 pounds and reduced from a size 14 to a size 10. She reports significant improvements in strength, balance, energy, and overall health, often sharing that she now feels like she is 30 again.

These improvements translated into real-world outcomes. During two separate cruises, Carol successfully completed ziplining and a ropes course—activities requiring strength, coordination, and balance. She credits her consistent exercise routine for making these experiences possible.

Carol also describes meaningful changes in mindset, confidence, self-esteem, and social engagement. With guidance from her trainer, she adapted to a high-protein diet and reports no longer craving sugar. She continues to attend fitness classes and values the social connection with other participants. Her impact extends beyond herself. Carol actively encourages others to exercise, resulting in two additional participants joining the Elder Exercise Class. She frequently shares her experience and motivates others to explore accessible fitness options, including Medicare-supported programs.

Today, Carol describes her life as full of joy. Her continued attendance, sustained habits, and enthusiasm for movement demonstrate the lasting impact of the Elder Exercise Class.

AREAS WE SERVE



Direct services to 15 of Nevada's 17 Counties

In-direct telephone reassurance in Washoe and Clark Counties

VOLUNTEER STORIES

LYNN DAVIS, CARSON CITY:

For the past two years, Lynn Davis has been a dedicated RSVP volunteer, first providing Homemaker services and now volunteering her time as a Respite Provider. She has supported families through difficult and uncertain health changes, providing stability during times of decline, recovery, and transition.

By stepping in so caregivers can rest and recharge, Lynn helps make it possible for older adults to remain safe and independent in their homes. Her willingness to go above and beyond reflects the critical role RSVP volunteers play in strengthening independence and supporting caregivers in our rural communities.

HELEN BROOKS, LYON/CHURCHILL COUNTIES

Since 2018, Helen Brooks has been an impactful RSVP volunteer - serving clients throughout Churchill and Lyon Counties. She provides essential transportation for medical appointments and grocery shopping, helping older adults maintain their health and independence. Helen also offers respite to caregivers, companionship to reduce isolation, and assists with installing Personal Emergency Response Systems to help ensure client safety at home.

She is always willing to step in where needed. She consistently shows reliability, compassion, and a strong commitment to the people she serves. Helen's willingness to help in any capacity makes a meaningful difference for older adults and caregivers in her community.

EVENTS

DEMENTIA FRIENDLY CARSON CITY

Every 4th Thursday of Month
2:00 pm to 3:00 pm
2621 Northgate Lane, Suite 6
Carson City, NV

DEMENTIA FRIENDLY PAHRUMP

Every 4th Thursday of Month
10:00 am to 11:00 am
861 South Hwy. 160, Pahrump, NV

JAVA CIRCLE ELKO

Every Friday of the Month
1:00 pm to 2:30 pm
Elko Senior Center
1795 Ruby View Dr., Elko, NV

JAVA CIRCLE PAHRUMP

Every Wednesday of the Month
12:00 pm to 1:30 pm
Pahrump Senior Center
1370 W. Basin Ave, Pahrump, NV

CONVERSATION FOR CAREGIVERS CARSON CITY

Every 2nd Thursday of the Month
11:00 am to 12:00 pm
2621 Northgate Lane, Suite 6
Carson City, NV

COUNTY SERVICE COORDINATORS

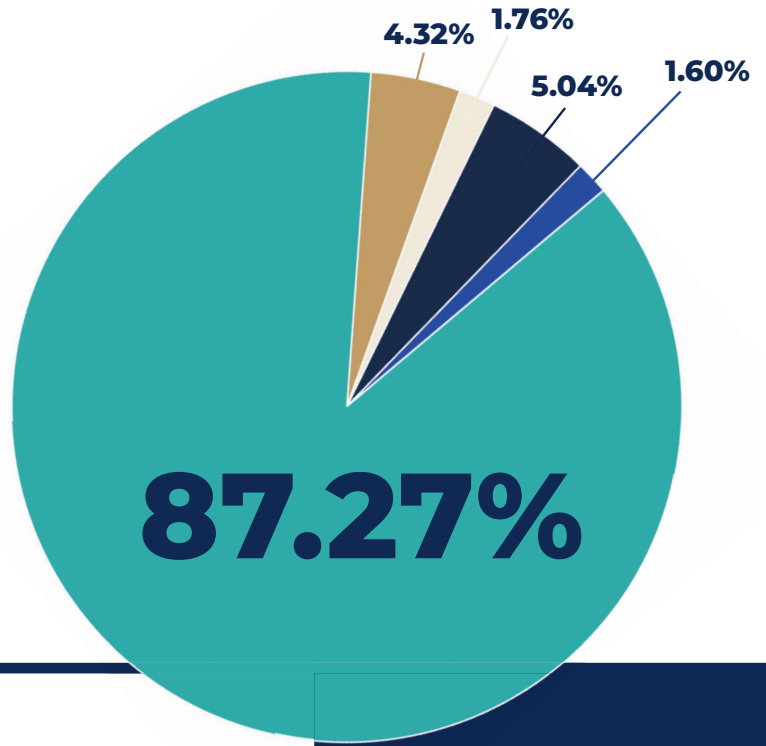
Derek Deplue, Humboldt County
Jeana Rea, Elko County
Samantha Tutay, Churchill County
Summer Muns, Nye County

STIPEND SUPPORT DRIVERS

Ken Hamilton
Craig Santos
Rodney Robbins
Paula Douglas
Calvin Kennedy

2025 FINANCIAL BREAKDOWN

■ Grant Income	\$1,412,677
■ Foundation Income	\$70,000
■ CARE Law Income	\$28,453
■ Donations, Miscellaneous, and Other Program Revenue	\$81,640
■ Fundraising Income	\$25,907
TOTAL	\$1,618,677



697 Active Clients		
177 Active Volunteers	46,936 Total Hours Served by Volunteers	265 Average Hours Served per Volunteer
224,694 Miles Driven by Volunteers	87,457 Miles Driven By Volunteers in Personal Vehicles	137,237 Miles Driven by Volunteers in RSVP Vehicles

OPPORTUNITIES

COMMUNITY OUTREACH AND VISIBILITY

Increase awareness of RSVP programs through expanded marketing, community engagement, social media, eNewsletters, and outreach partnerships to encourage greater participation from volunteers, donors, and sponsors.

DIVERSIFIED FUNDING

Identify and pursue new and sustainable funding opportunities, including grants, sponsorships, fundraising events, annual giving efforts, and local partnerships to support program growth and stability.

OPERATIONAL IMPROVEMENT

Strengthen administrative systems, processes, and procedures to ensure efficient, effective, and responsive operations throughout the organization.

CLIENT FEEDBACK AND PROGRAM EVALUATION

Continue conducting annual client surveys and updating client applications to evaluate program effectiveness, identify emerging needs, and provide meaningful data to grantors, funders, and board members.



DID YOU KNOW?

RSVP programs and services are offered at no charge with the exception of the monetary fee for Lifeline. Donations are appreciated; however, no one is turned away because of an inability to donate.

2025 COMMUNITY PARTNERS SPOTLIGHT



RSVP Elko County Service Coordinator Jeana Rea and Elko Senior Center Assistant Director, Carissa Cassadore

SERVICE PARTNER SPOTLIGHT ELKO SENIOR CENTER

They provide an office, community resources, and refer the most clients to us. They have volunteered time to help with events, setup/cleanup, and advertising to ensure a great turnout. They also donate space for RSVP to have our JAVA class.



Elko Senior Center Director, Matt McCarty

SERVICE PARTNER SPOTLIGHT NEVADA DEPARTMENT OF VETERANS SERVICES

Elko Veterans Service was our first sponsor and reserved table for our first spaghetti feed fundraiser in Elko. They are always involved in supporting our programs and refer volunteers and clients to us. Christina Bradford is a constant presence in the Elko Community. She is always supporting and sharing resources to help.



WE NEED YOUR SUPPORT



RSVP programs are unique partnerships focused on the individual receiving care. The family, volunteers, healthcare professionals and the community all work together to provide support and services for the client.

RSVP PROGRAMS

- Senior Companionship
- Transportation
- Homemaker
- Respite
- Nevada Golden Connections
- Elder Exercise
- Veterans VIP
- Volunteer Stations
- Friends Day Out (Java Music Club)
- Personal Emergency Response Systems

VOLUNTEERISM

RSVP Volunteer Programs offers a wide range of opportunities for individuals to engage meaningfully in our communities through impactful volunteer service. These interactions, no matter how small, are rewarding experiences that have lasting effects and the power to promote positive change.

SENIOR COMPANION

In partnership with local law enforcement, the Senior Companion program reaches out to isolated, homebound seniors to ensure their safety and build friendships. Volunteers receive training to recognize elder abuse and neglect, and connect seniors with valuable resources.



BECOME A COMPANION

Become a companion and make a meaningful difference in someone's life by providing friendship, social interaction, and support. Companions visit with seniors, offer conversation, help reduce loneliness and isolation, and provide encouragement through regular contact and caring presence. This role helps individuals remain connected, supported, and engaged in their community.

2025 CLIENT SURVEY RESULTS: EMPOWERING INDEPENDENCE

64%
of our active clients participated in the survey.

96.7%
SATISFACTION RATE

96.7%
of clients report an improved quality of life, and ability to maintain their independence thanks to Nevada Rural RSVP services.

[Volunteer with RSVP today!](#)



Physical Address: 2621 Northgate Lane, Suite 6, Carson City, NV 89706
Mailing Address: P.O. Box 1708, Carson City, NV 89702

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